

LIVE BROADCAST OF THE LITURGY ON SUNDAYS AT 10.15 AM (GMT LONDON)

1. The only free way of doing this **LIVE** is by using Facebook. (You can watch it later - recorded - on either YouTube or Facebook)
2. If you already have a Facebook account, **make sure you friend / follow me** at this address well before the start of the broadcast: -

<https://www.facebook.com/fr.gh1>

3. Go to my timeline / Facebook feed **just before 10.15 am** and refresh your page at that time until you see the live transmission.

IF YOU DO NOT HAVE A FACEBOOK ACCOUNT, FOLLOW THE INSTRUCTIONS HERE TO GET ONE (Go to 5. below if you absolutely don't want a Facebook account!)

<https://www.facebook.com/help/570785306433644>

If you have time, play around with it a bit to get used to it. It really is very simple to use. Get help from a family member if you need to.

4. Once you have a Facebook account follow my instructions 2 & 3 (above) (just get it going ... you can fill in the details in your profile later)

YOUTUBE?

5. Because the internet companies are slowing down the internet to prioritise essential services, uploading a copy of the video of the Liturgy to YouTube takes far (30+ hours!). Therefore, only ONE recording of the Liturgy will be kept on YouTube. Here is the link:

<https://youtu.be/gfnoUMQnQe8>

If you will not open up a Facebook account (above) then repeat viewing of this video is, I am afraid, your only option.

RECEIVING HOLY COMMUNION

6. Don't forget to prepare yourself and then prepare a **SMALL cut piece from the Holy Gifts immersed in a small cup of wine**, ready for Holy Communion. Use this cup **ONLY** for Holy Communion. Store it safely somewhere where others won't find it or in your icon corner. Get everything ready before the Liturgy begins.

7. You will give yourself Holy Communion **WHEN I INVITE YOU TO DO SO** as you follow the Liturgy in the usual way. Use a little spoon for this purpose and when not being used, store it with the cup. **If you have children under 16**, parents should administer Holy Communion to their children after they themselves have received.

8. **At the end of the Liturgy make sure that all the contents of the cup are consumed, add water to the cup, drink and dry.**

FINALLY!

9. **Don't forget to tune in to Facebook every Sunday!**

10. If you want to make Confession, please do that by phone or email **NO LATER THAN 6pm SATURDAY EVENING - NOT NOW ON SUNDAY MORNINGS PLEASE!**

11. If you have any questions about any of this **DO ASK!**

12. Even if there are one or two hiccups the first time, we will of course get it right eventually!

God bless you all.

Love in Christ

Fr. Gregory

Updated Tuesday 24th March 2020